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Volume Twenty Three Issue Two

THECOMPANION







Community Connections

Each year, Heinzerling Community develops many partnerships throughout the community, providing our residents with unique and enriching experiences. This is often off-site and at places where our residents receive special programs. Examples include attending Franklin Park Conservatory and Botanical Gardens to plant and harvest our vegetables to enjoy and sell to staff or participating in Open Door Art Studio and Gallery to create unique artwork that sells to the public. Other times, we have medical students on-site at Heinzerling Community that work with our residents during clinicals. Currently, we have partnerships with The Ohio State University Wexner Medical Center, OSU College of Medicine, Fortis College, Hondros College of Nursing, and others. These community connections provide an excellent opportunity for our residents to engage with others in an inclusive environment and gives central Ohio students studying medicine, therapy, and nursing an opportunity to acquire real-world skills and learn more about Heinzerling Community and the essential services we provide for individuals with profound developmental disabilities.



Director's Corner

As an organization, our connection to the community is essential. Whether it is a volunteer group, funder, educational institution, or local and state agency, the relationships formed with these entities help us in achieving our mission. This

is as true today as it was when we first began in 1959. Heinzerling Community, originally named Peck 'O Wee Ones, relied on a steady stream of local volunteers, called the Navy Wives, to help with the daily care of our children. Over the years, as we grew, our volunteerism program has expanded to include church groups, scouts, local businesses, service organizations, large corporations, and local schools and colleges. These connections allow our residents to build meaningful relationships with others that greatly enhance their lives. This is done through volunteers engaging in activities such as playing games, creating arts and crafts, and learning through reading; through the support of funders who help to purchase things such as assistive technologies and therapy equipment; through students who help to provide care through clinicals while furthering their education and skills. We are deeply grateful for the community's support for our residents, staff, and organization, and we look forward to forming more community connections in the future.

Robert E. Heinzerling *Executive Director*



Our Mission:

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The mission of the Heinzerling Community is to provide a loving and nurturing environment that enriches the development, education and quality of life of individuals with severe or profound developmental disabilities.

What's Happening

Upcoming Events

Holiday Resident Parties:

Heinzerling Developmental Center – December 11, 2024 (2:30 PM- 4:00 PM)

Heinzerling Community Homes – December 11, 2024, at 1625 Heinzerling Drive (2:30 PM – 4:00 PM)

Heinzerling Memorial Foundation – December 12, 2024 (2:30 PM – 4:00 PM)

Heinzerling Community Gala February 21, 2025 (5:30 PM – 9:00 PM) Grange Insurance Corporate Headquarters Register at https://heinzgala.givesmart.com

Employment Opportunities

Heinzerling Community has a variety of opportunities available. For more information visit our website at www.heinzerling. org. Heinzerling Community, an Equal Opportunity employer, does not discriminate in any of its employment practices or services on the basis of race, sex, color, national origin, religion, creed, ancestry, ethnicity, pregnancy, disability, age, genetic information, sexual orientation, gender identity, or any other status protected by law.



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Read our online newsletter at www.heinzerling.org

Connections

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Use your smart phone and scan the QR code (left) to take you to our website!

Acknowledgements

Associate Recognition

Congratulations to these Associates for completing the following years of service between July 1, 2024, and December 31, 2024.

5 years

Margaret Engleman Tiarra Harris Mariam Montoya-Montoya Kwadwo Nkansa Amv Robinson Joanne Rodriguez Earl Rudder Alicia Stevens

Farewell To Anita

10 years Stephen Bungei Franklin Delnore Burton, Jr.

Fatima Dia Amporn Estis Tanae McCrae Adam Schnarr Dawn Mikaila Smith

15 years Deborah Durfey JaNan Maclin

Theresa Ofori

Jennifer Lawson Jo Ellen Poindexter 25 Years

20 years

Sandra Norris

40 years Lois Parker Nancy J. Pipes Sheila Sites

We welcome Alexis Hudgins, MSW. Alexis holds a Bachelor of Science in Integrated Health Studies from Kent State University and a Master of Social Work from The Ohio State University. She comes to Heinzerling Community with case management experience at OSU Wexner Medical Center. Alexis is one of seven children, including 4 older

brothers and 2 younger sisters. She is an aunt to three nephews and a dog mom to Deuce. In her free time, Alexis enjoys hanging out with her sisters and nephews when she can visit them in Cleveland. She also likes spending time with friends, trying new restaurants, traveling on vacation, and going to concerts.

Welcome Respiratory Therapy Staff!

Heinzerling Community recently expanded its ventilator program. New staff have been hired to meet this important need.







Amber Bates, RT



Stephanie Harden, RT



Saying see you later to a wonderful Unit Manager, great friend, and longtime co-worker after she retires is not easy. Anita Strickland always showed her love for the residents. Her work was detailed and of high quality and very personal. Anita carried a smile all the time and stayed positive through professional and personal challenges.

Anita started in October 2008 and became a Unit Manager on Sept 7, 2009. She covered different units and always kept the wellbeing of the residents as a priority. During the COVID era, staffing became a struggle, but Anita always took this challenge with a smile and always stayed positive, making sure the residents looked their best. On many occasions, Anita stayed over to help with the other shift. We remember a new resident, Coleman, who arrived at Heinzerling with his grandpa. He took one look at Anita and said to her, "Hey Roy." This was Anita's name he gave her. Maybe she reminded him of someone he felt close to. Ever since that 1st day Coleman was admitted to Heinzerling, they held a special bond. Anita Loved God and was not afraid to tell anyone. Her strong belief is reflected in her relationships with all of the residents, parents, and staff. Many of us looked up to her for guidance and support because of her caring, genuine, and loving soul. Anita will certainly be missed by everyone at Heinzerling. This is not a goodbye; this is a see, you later, friend. Your love and dedication is an inspiration to all of us. Thank you, Anita, for all your years of service.

Welcome



Kristi Gookin joins us as our new Employment Specialist. She holds a Bachelor of Arts in Communication Arts from Cornerstone University. Kristi comes to Heinzerling Community with many years of experience in human resources and administration. In her free time, she enjoys reading, painting, writing, movies, going to the theater, and

spending time with family and friends. Welcome Kristi!



Dan Kraft, RT, .leff Nelson, RT Respiratory Manager



Congratulations Congratulations to the following Heinzerling Community Staff for obtaining their Bachelor of Science in Nursing:

Martina Boateng - BSN (HDC) Nkendem Atenchong - BSN (HDC/GH) Kara Husien – BSN (HMF)



We congratulate Lisa Montgomery on being promoted to Director of Human Resources. Lisa previously served as the Assistant Director of Human Resources.

Development



Annual Golf Classic Brings Out Golfers

This past September, the Heinzerling Community held the 38th Annual Golf Classic at Heritage Golf Club. This was our best year to date! We had a successful event with 29 foursomes and 20 sponsors for this year's outing, resulting in more than \$40,000 raised. These funds will significantly support the mission of our organization, and we are deeply grateful to our many corporate partners and individual supporters who make this event possible each year. A special thank you goes out to Heritage Golf Club for being a great host for our event and to AVI Foodsystems for being our lunch sponsor. Congratulations to Geiger Brothers for taking first place and Hosket Ulen Insurance for taking second place for the best foursome scramble score.

EVENT SPONSORS	
AVI Foodystems	Qual-Med Supply
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Medical Mutual Gallagher	Minuteman Press Dublin (Ken & Andy Barton)
HOLE SPONSORS	
CHW Advisors	Diamond Hill
Geiger Brothers	Harper & Co. CPA's
HPSI Purchasing Services of Ohio	JS2 Logistic Solutions
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Plante Moran	Skilled Care Pharmacy
TNT Equipment, Inc.	Wanner Metalworx
BEVERAGE SPONSORS	
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uallayitei	MedOne Healthcare Partners

Greg Geiger Memorial Mt. Al's Roundup

This past June, supporters and participants gathered one last time at Briar Rabbit in Zanesville,

> Ohio, to shoot clays, network, enjoy the camaraderie of longtime friends, and raise funds for Heinzerling Community



residents. To date, more than \$250,000 has been raised to support Heinzerling Community initiatives. Over the years, this tremendous financial support has helped our organization purchase critical therapy equipment, resident bedroom furniture, communication devices, a patient monitoring system, and more. For the 20th

Anniversary of the Greg Geiger Memorial Mt. Als Roundup, we used the proceeds and all donations to purchase a Ford Transit wheelchairaccessible van. This vehicle will provide for the transportation needs of our residents. A big thank you to Jeff and Franz Geiger, and the Mt. Al's Roundup Board of Directors for all the tireless work they have put into making this event in memory of Greg Geiger so special.

Steps of Faith Returns



On a beautiful day in September, more than 200 participants came together to celebrate individuals of all ages and abilities at a fun 1K/5K event. Steps of Faith, organized by the Church of the Messiah in Westerville, OH, was re-established this year. Our residents were so excited to see many familiar faces and take time getting photos before the bullhorn rang to start the race. The Steps of Faith event, with the active participation of our community,

generated \$10,000! These funds made a significant impact, assisting us in purchasing a critically needed ceiling lift system for our resident bedrooms. We are very grateful to be the beneficiary of this unique and memorable event, and we value our the long-standing partnership with the Church of the Messiah.

New Lobby Upgrades!



If you have visited us recently, you may have noticed that we have updated our lobbies in our children's and adult homes. Each year, we receive many visitors, including volunteer groups, resident families, vendors, donors, consultants, medical professionals, new

hires, and many more. The upgrades have provided our lobby with a fresh and modern look, with new wood flooring, comfortable furniture, a high-top table and seats, and vibrant wall fixtures. Individuals will be able to have a pleasant waiting area in which to wait or meet with others. This project is a testament to the generosity of the Bellinski family, who made a gift in memory of their loved one, Jeff Bellinski, a longtime friend of the Heinzerling Community. This project would not have been possible without their special support. For this, we are most grateful.

Programming/Development

Community Homes



This has been an exciting spring and summer for the community homes. We kicked off things with a Masquerade party to create a Mardi Gras-style event. We spent long days at the park hiking and enjoying nature. Once it warmed up, we were

able to go to the Hilliard pool and participate in Water Days at the Heinzerling Outdoor Sensory Park. In addition, we attended the Lantern Festival and Boo at the Zoo, took trips to the pumpkin patch, and picked our own apples to make apple pies. We also celebrated many birthdays out to lunch and went adaptive bowling.

Heinzerling Memorial Foundation



Here at Heinzerling Memorial Foundation, we pride ourselves on letting our residents have as much experience as possible. That's why this past quarter has been one of our busiest ones yet! Between all of our seasonal on the unit sensory crafts

and games, our building-wide lunch/dinner and a movie, volleyball games, and holiday parties, the smiles have been endless. Our outside activities at our shelter house and sensory garden have been equally as fun! We had water days, bubble parties, bonfires, and day camp where staff and residents got to spend all day down at our shelter house, camping and doing fun activities. We've been to Columbus Clippers games, several big concerts, the Ohio State Fair, Hilliard Pool, COSI, Blacklick Metro Park Canopy Walk, and tended our garden at the Franklin Park Conservatory Community Garden, to name a few places. We are really looking forward to our upcoming holiday season with our 2nd annual Trunk-or-Treat! And our BIG resident Christmas parties.

Heinzerling Developmental Center



Spring and summer have been full of fun activities for residents at HDC. We started the summer off with our annual family ice cream social. It was a lot cooler than normal, but the music and entertainment helped to heat things up. Starting in May, our residents participated in another great season of Buddy Ball. During the summer, much time was spent outside, especially at the outdoor sensory park for Water Days, the Columbus Zoo and Aquarium. When it rained, we went on community outings to Scene 75, Olive Garden, and the movies. In September, we had a wonderful time with our resident families at the Heinzerling Community Family Picnic. During the late fall and early winter, we look forward to going to pumpkin farms, attending the Heinzerling Community "Trunk or Treat" event, and our annual holiday party.

2024 Grant Highlights

At Heinzerling Community, we are very fortunate to receive several grants during the year to support the specialized needs of our residents. We are very grateful to the following organizations for their recent support of our residents.

Aladdin Shriners Hospital Association For Children

Support to purchase and install a motorized ceiling lift in a resident bedroom at Heinzerling Memorial Foundation to aid in daily living.

The Beck Foundation

Support to purchase two mobile art carts to provide art activities and instruction on all units at Heinzerling Memorial Foundation and Heinzerling Developmental Center.

The Columbus Foundation

Support to purchase and install a therapeutic bathtub and powered bath trolley at Heinzerling Developmental Center.

Department of Developmental Disabilities

Support to purchase assistive technology devices for residents, including communication devices, adaptive switches, and adaptive learning toys and games.

Franklin County Board of Developmental Disabilities

Support to purchase a mobile changing table for our shelter house and adjacent outdoor park.

Good Shepherd Foundation of Ohio

Support to purchase a wheelchair lift and to go on a new wheelchairaccessible van for our residents to attend community outings.

Harry C. Moores Foundation

Support to purchase and install a therapeutic bathtub and powered bath trolley at Heinzerling Developmental Center.

Walmart Foundation

Support for resident activities and programming.



Community Partnerships

New Partnerships with The Ohio State University

We are excited to have formed many new professional partnerships with Ohio State University that will greatly enhance our resident's lives. These include a Physical Medicine and Rehabilitation clinic, Respiratory Therapy student clinical, and Nursing student clinicals. Two of these partnerships are up and running, and we are fortunate to have these professionals and students in our homes to provide additional support to our residents while we offer a unique setting as an incubator for learning and training. We look forward to welcoming the Nursing students in the future.



THE OHIO STATE UNIVERSITY WEXNER MEDICAL CENTER

Meet Dr. Jessica Prokup, Clinical Assistant Professor in the Department of Physical Medicine & Rehabilitation, The Ohio State University Wexner Medical Center. Dr. Prokup has both a personal and professional interest in the care of patients with developmental and pediatric-onset disabilities. She has a brother with intellectual and developmental disabilities, which has shaped her approach and commitment to this field. We are honored to have Dr. Prokup as a visiting physician at Heinzerling Community, where she provides physical medicine and rehabilitation clinics for our residents. This includes specialized expertise and care for individuals with developmental disabilities. Dr. Prokup attended The Ohio State University College of Medicine for medical school and completed the Nisonger Center's Leadership Education in Neurodevelopmental Disabilities program.



Dr. Prokup visits Heinzerling Community once per month and sees between six and seven residents who have been preidentified by staff for specific conditions. These clinics address resident needs in the areas of spasticity, orthotics, braces, and overall functional changes in our residents as they age. By seeing our residents, Dr. Prokup is able to make a medical

evaluation and recommend helpful therapies and referrals for future procedures to improve the physical outcomes of our residents. She is a highly trained medical professional, an advocate for our residents, and a facilitator to other medical contacts in the community who can support our residents. Welcome to Heinzerling Community, Dr. Prokup!



Meet Elizabeth and Jenna, students at The Ohio State University, School of Health and Rehabilitation Sciences, College of Medicine, Respiratory Therapy program. We have been fortunate to have several students from this program join us for clinicals during a recent semester. Dr. Sarah M. Varekojis, PhD, RRT, RRT-ACCS, FAARC, Professor-Clinical and Director of Clinical Education, Respiratory Therapy, School of Health and Rehabilitation Sciences, College of Medicine leads up this program and gives some insight into how partnering with Heinzerling Community has helped her students in the field of Respiratory Therapy.



What makes our partnership unique compared to others your college has with healthcare organizations?

The vast majority of our clinical partnerships are with acute care healthcare organizations because the majority of the care provided by respiratory therapists occurs in acute care facilities. However, our

undergraduate respiratory therapy curriculum emphasizes classroom, laboratory and clinical learning experiences across the full spectrum of respiratory therapy practice. Including clinical partnerships with organizations like Heinzerling allows the students to gain experience in important non-acute care settings.

How do clinical placements at our facility benefit your student's education and career preparation?



Throughout their clinical experiences in the curriculum, the students are expected to complete patient care plans and present these care plans to faculty and peers. During discussions, students frequently

have questions about what happens next for patients that have significant ongoing healthcare needs. We believe that clinical education in facilities like Heinzerling exposes students to the continuum of care and provides context to complement their understanding of how we take care of patients. Sometimes this exposure influences student's career choices, but it always influences their perspective on options and possibilities for ongoing patient support.

How does working with our organization align with your college's mission and values?

The School of Health and Rehabilitation Sciences at The Ohio State University aspires to develop transformative leaders that can solve both today's and tomorrow's health challenges through innovations in education, research and outreach. This is a lofty and worthwhile goal, and partnerships with facilities like Heinzerling can help us realize this goal by providing opportunities for our students to experience patientcentered care focused on improving quality of life. Respiratory therapists can get very focused on short-term patient care goals like treating respiratory failure and improving oxygenation, but clinical education experiences at facilities like Heinzerling help the students remember that taking care of patients is about more than just taking care of their lungs – it is about taking care of the whole person.

Community Partnerships (Continued)

In your view, what are the biggest benefits of partnering with a healthcare organization like ours for clinical placements?

Partnering with Heinzerling accomplishes several important clinical education goals for our program. It allows for intense focused attention on several essential skills for respiratory therapists, including tracheostomy care, mechanical ventilation, airway clearance, and patient assessment to name a few. However, at least as important if not more so, it allows for students to address some of the perceptions they have about what it means to have chronic healthcare needs, the concept of quality of life, and their role as a patient advocate. This often results in a significant paradigm shift for the students as they begin their transition to healthcare professionals.

How do you think your students contribute to the overall quality of care in our facility during their clinical rotations?

Students are enthusiastic, curious and eager to learn and help. Their enthusiasm can be contagious and their curious nature and eagerness to learn allows staff to share expertise and expand the influence on the future of their profession. Mentoring students also allows staff to model high standards of care the students will emulate in the future.

What feedback have you received from faculty or students about their experiences at our facility?

The students have consistently indicated that they received a very warm welcome from everyone they met at Heinzerling. While the students are welcome at all of their clinical sites, many of their sites have students from at least one education program almost every day, so it is not a special occasion when students are present. They were made to feel very special during their time at Heinzerling! They indicated they appreciated the opportunity to be very hands-on with patient care, and this led to increased confidence in performing procedures. They also reported they received excellent support in learning how to effectively interact with the unique patient population at Heinzerling.

Can you share a memorable moment or experience from working with our team that stands out to you?

While on a facility tour during a pre-affiliation visit, it was very apparent that the staff have a tremendous amount of pride in the services they provide. It was also very apparent that Heinzerling has successfully created a family atmosphere among the staff and patients. This helped solidify the decision to proceed with developing a clinical education partnership, providing assurance that the students would receive excellent mentoring during their time onsite.

Hondros College

We are also fortunate to continue our longstanding partnership with the Hondros College of Nursing. Mark Buckingham, Director of Business Development, shares his thoughts on the importance of connecting with Heinzerling Community for students.

1) How have you partnered with Heinzerling Community in the past? Currently?

Hondros College of Nursing has a wonderful, growing partnership with Heinzerling Community. Our partnership helps to create a clear pathway to employment for our nursing and medical assisting students at Heinzerling Community. In turn, we can elevate the education of associates who are seeking to begin or elevate their nursing degree by offering a tuition reduction.

2) Why do you feel it is important to partner with organizations like Heinzerling Community?

We believe it is important for our students to have exposure and opportunities to different levels of caregiving. Our hope is that students will consider that spectrum when looking for their future careers.

3) In your view, what are the biggest benefits of partnering with a healthcare organization like ours?

Hondros College of Nursing believes that the biggest benefit is that our students have an additional pathway to their new career. This partnership provides that option for those who are called to enhance the quality of life of individuals with severe or profound developmental disabilities.

4) How does working with our organization align with your college's mission and values?

Just as the Heinzerling Community's vision is to provide a loving and nurturing environment, it is Hondros College of Nursing's mission to foster these professional soft skills with our students to provide dignified care. Our goal is for graduates to lead and provide compassionate care, just as it is by those at Heinzerling Community.

5) Why do you think partnerships like ours are crucial to preparing the next generation of healthcare workers?





levels of healthcare we can provide our students, the better prepared they will be for their future careers. Our partnership with Heinzerling Community provides our students with a more complete spectrum of caregiving and the opportunities available to

them once they graduate.

The more options and

6) Do you have

any recommendations for how we can continue to improve and strengthen our collaboration?

We are currently planning additional efforts to share the mission and career opportunities at Heinzerling Community with our students. This includes planning and hosting Lunch & Learn events for students at our campus to learn more about your organization and the career opportunities open to them.



1800 Heinzerling Drive Columbus, OH 43223-3642 www.heinzerling.org

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Heinzerling Community Gala



Join us for our annual auction gala! We are excited to bring our supporters together again to raise funds to support Heinzerling residents. This will include one-of-a-kind resident artwork, a silent and live auction, mission moments, exceptional food, beverages, and exciting entertainment throughout the evening. At this special event, we will highlight our residents, resident families, staff, and community partners. You may purchase your tickets or support our residents with a special donation at www.heinzgala.givesmart.com.

Check out our Development Landing Page!

To learn more about Heinzerling and our residents, make a contribution, or to support their quality of life www.heinzerling.org/donate The proceeds from the "Heinzerling Community Gala" will support programs and therapy interventions that enhance the lives of the children and adults at Heinzerling Community. This includes attending community outings such as swimming, zoo trips, concerts, theater performances, art workshops, museum attractions, local sporting events, and fairs. In addition, funds raised will be used to provide residents with specialized therapy equipment, assistive technology, and adaptive learning toys to support their growth and development.

WHEN:	February 21, 2025 (5:30PM-9:00PM)
WHERE:	Grange Insurance, 671 S. High Street
TICKETS:	You can purchase tickets at https://heinzgala.givesmart.com
SPONSORSHIPS:	We offer opportunities for companies and organizations
	to support the "Heinzerling Community Gala." Sponsorship
	packages include special event recognition at the
	event, corporate signage at the event, event tickets,
	and acknowledgment on the gala website, Heinzerling
	Community website, and social media pages. You can
	purchase sponsorships at https://heinzgala.givesmart.com
AUCTION ITEMS:	We are in need of auction items in the form of gift
	baskets, gift cards, vacations, bourbon, entertainment,
	and sports attractions.

If you are interested in donating an item for our silent or live auction, or sponsoring our event, please contact Brian Asbury at 614-272-8888 or basbury@heinzerling.org